

Report on York Older People's Survey

Summary

Background

1. At the Health and Wellbeing Board (HWBB) meeting on 20 July 2016 a request was made for the Board to support the carrying out of an older people's survey, similar to that carried out in 2008. The Board agreed to this and work commenced through a steering group in October 2016. The steering group consisted of representatives from York Older People's Assembly, Age UK York, Healthwatch York, York CVS, The Police and Crime Commissioner North Yorkshire, The Vale of York Clinical Commissioning Group and City of York Council. Additionally support was also received from the York Blind and Partially Sighted Society.
2. The survey was distributed from 8th May – 30th June 2017 and data entry and analysis was carried out throughout July and August 2017. The survey was available to complete online and additionally partner agencies distributed 4070 paper copies to their membership lists. We do not know if people received more than one copy of the survey through different routes.
3. There were 912 completed surveys returned; of which 142 were online submissions and 770 paper submissions.
4. This report provides a brief overview of some of the key results emerging from the survey, with recognition that analysis is still ongoing and a full report of all the results will be produced and sent to the HWBB at a later date.

Main/Key Issues to be Considered

5. The survey highlighted that on the whole respondents generally reported having good health. Much of this was due to being physically active and having adequate social contact.
6. In terms of health and what older people felt kept them healthy and independent there was an emphasis on social contact, whether this was through formal groups and activities, or informal contact with family and friends. Practical support for personal care, or with running a home was also important as was support with caring responsibilities. There was an appetite to do more self monitoring of health conditions, which currently only around a quarter of respondents do.
7. The highlight report at Annex A focuses on social isolation as the key priority of the ageing well theme of the joint health and wellbeing strategy. Whilst the majority of respondents had as much social contact as they would like, or adequate social contact, there was just under a quarter who indicated that they were socially isolated. Social isolation was more apparent in the winter as some people avoided going out due to cold weather and dark nights.

Consultation

8. The development of the survey was carried out through a multi agency partnership group.
9. The survey was piloted with a group of older people and a focus group was carried out to ensure the survey covered that issues that older people felt were important to them.

Options

10. There are no specific options for the Health and Wellbeing Board to consider. However they are asked to:
 - a. note the initial results of the survey.
 - b. receive a further report of the survey when full analysis is complete
 - c. consider how recommendations from the survey might be taken forward

Strategic/Operational Plans

11. The Older People's survey was designed to understand the issues older people in York face. Therefore supporting the delivery of the ageing well theme of the joint health and wellbeing strategy as well as influencing the plans of partner agencies working with older people.

Implications

12. There are no risks identified for the following categories: financial, equalities, legal, crime/disorder, information technology, property or other.

Risk Management

13. There are no risks identified regarding the recommendations below.

Recommendations

14. The Health and Wellbeing Board are asked to:
 - i. note the initial findings from the survey
 - ii. Receive a further report with the full results of the older people's survey.
 - iii. Consider how any recommendations from the survey might be taken forward.

Reason: In order for the survey to have been worthwhile consideration of how any recommendations or findings from the survey are taken forward needs to be considered.

Contact Details

Authors: **Chief Officer Responsible for the report:**

Fiona Phillips
Assistant Director of Public Health

Fiona Phillips on behalf of Sharon Stoltz, Director of Public Health
City of York Council

Zach Warne
Public Health Intern
City of York Council
01904 565114

**Report
Approved**

Date 17/08/2017

Wards Affected:

All

For further information please contact the author of the report

Background Papers:

None

Annexes

Annex A – Older People’s Survey – Highlight Report